

# Family Resource Centers

## Schedule of Workshops and Events

\*\*Updated July 25, 2017



### Tucson Unified *Family Resource Centers*



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Tucson Unified School District  
Family Resource Centers

For more information, go to [tusd1.org](http://tusd1.org)  
and look for this button.



<p><b>Catalina</b> Family Resource Center 3645 E. Pima Street 520.232.8684 <b>Hours of Operation *</b> M, T, W, F 8:00 AM-4:00 PM Thursday 12:00 PM-8:00 PM</p>	<p><b>Palo Verde</b> Family Resource Center 1302 S. Avenida Vega 520.584.7455 <b>Hours of Operation *</b> T, W, Th, F 8:00 AM-4:00 PM Monday 12:00 PM-8:00 PM</p>	<p><b>Southwest</b> Family Resource Center 6855 S. Mark Road 520.908.3980 <b>Hours of Operation *</b> M, T, Th, F 8:00 AM-4:00 PM Wednesday 12:00 PM-8:00 PM</p>	<p><b>Wakefield</b> Family Resource Center 101 W. 44<sup>th</sup> Street 520.225.3800 <b>Hours of Operation *</b> M, W, Th, F 8:00 AM-4:00 PM Tuesday 12:00 PM-8:00 PM</p>
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\*Special center hours and closings on page two.

\*\*Schedule updated monthly. Go to [tusd1.org](http://tusd1.org) for the most current version.

***In the TUSD Family Resource Centers, our mission is to promote family engagement through a one-stop center to learn about and access community resources. We are committed to developing family support to enhance students' social and academic achievement.***

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Special Family Resource Center Hours and Closings	
July 3-7, 2017	All centers and District offices closed for business
August 2, 2017	Southwest Center open 9:00 AM-5:00 PM***
August 3, 2017	Catalina Center open 9:00 AM-5:00 PM***
August 25, 2017	All centers open 11:00 AM-4:00 PM
September 1, 2017	All centers open 8:00 AM-2:00 PM
September 4, 2017	All centers closed for Labor Day
September 15, 2017	All centers open 11:00 AM-4:00 PM
October 5, 2017	All centers open 8:00 AM-4:00 PM
October 9-13, 2017	All centers open 8:00 AM-4:00 PM during Fall Break
October 20, 2017	All centers open 11:00 AM-4:00 PM
November 9, 2017	All centers open 8:00 AM-2:00 PM
November 10, 2017	All centers closed in observance of Veterans Day
November 17, 2017	All centers open 11:00 AM-4:00 PM
November 22, 2017	All centers open 8:00 AM-2:00 PM
November 23-24, 2017	All centers closed for Thanksgiving Break
December 15, 2017	All centers open 11:00 AM-4:00 PM
December 21, 2017	All centers open 8:00 AM-4:00 PM
December 22, 2017	All centers open 8:00 AM-2:00 PM
December 25, 2017- January 5, 2018	All centers closed for Winter Break
January 12, 2018	All centers open 8:00 AM-2:00 PM
January 15, 2018	All centers closed for Martin Luther King, Jr. Day
January 19, 2018	All centers open 11:00 AM-4:00 PM
February 16, 2018	All centers open 11:00 AM-4:00 PM
February 21, 2018	All centers open 8:00 AM-2:00 PM
February 22-23, 2018	All centers closed for Rodeo Break
March 15, 2018	All centers open 8:00 AM-4:00 PM
March 16, 2018	All centers open 11:00 AM-4:00 PM
March 19-23, 2018	All centers open 8:00 AM-4:00 PM during Spring Break
March 29, 2018	All centers open 8:00 AM-2:00 PM
March 30, 2018	All centers closed for Spring Holiday
April 20, 2018	All centers open 11:00 AM-4:00 PM
May 18, 2018	All centers open 11:00 AM-4:00 PM
May 24, 2018	All centers open 8:00 AM-4:00 PM
May 25, 2018	All centers open 8:00 AM-2:00 PM
May 28, 2018	All centers closed for Memorial Day
May 29, 2018-June 1, 2018	All centers closed for cleaning and maintenance
June 15, 2017	All centers open 11:00 AM-4:00 PM

\*\*\*All other centers open regularly scheduled hours.

**Family Resource Center services are available to TUSD students and their families, free of charge.**

***Please call the center to register for classes.***

*Childcare is available to TUSD students and siblings for most classes. Please inform staff of the need for childcare when you register. Include the number of children, ages, and any special needs.*

*Interpreter services are available. Please inform staff of the need for an interpreter when you register. Please register at least two weeks in advance if interpreter services are needed.*

### Other services include:

- Open Computer Lab
- Clothing Bank
- Food Pantry (Southwest, Palo Verde, and Wakefield only)
- Assistance with Open Enrollment Applications and Other TUSD Forms
- Information and Referrals

**Family Resource Center staff can answer all your TUSD questions. Call or come by any of the four centers for assistance.**

### Coming Soon

**First Day of School**

**August 3**

**Parent-Teacher Conferences September 13-15**

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<b>Alzheimers Information</b>	Wakefield	Mon	10:00 AM-11:00 AM	8/21/2017		1	Learn the basics about Alzheimer's and how to help people afflicted with the disease.
<b>American Dream Academy</b>	Wakefield	Thur	10:00 AM-12:00 PM	8/17/2017	10/26/2017	10*	Parents and Guardians, learn how to help your child be successful in school, socially, and within the family! This workshop presented in Spanish. *No class on 10/12-Fall Break.
<b>Arts and Crafts</b>	Catalina	Mon	10:00 AM-11:00 AM	8/14/2017	8/28/2017	3	Bring your creativity and join use for arts and crafts.
<b>Beginning Computer Skills</b>	Southwest	Mon	9:30 AM-11:00 AM	8/7/2017	8/28/2017	4	Learn basic keyboarding, how to use the internet, create an email account, create documents, and access ParentVUE to track your child's grades, attendance, test scores, and more.
<b>Center Tours</b>	Southwest	Fri	8:00 AM-4:00PM	8/4/2017	8/25/2017	4	Center Tours Open Computer Lab Clothing Bank Services Resources & Referrals
<b>Chair Fitness</b>	Southwest	Tues Thurs	9:00 AM-10:00 AM	8/10/2017	8/31/2017	7	Not ready for a regular workout? Join us for this class to help stretch and strengthen your arms, legs, back and core while sitting on a chair. Deep breathing exercises and stretching. Bring a small towel and water with you.
<b>Crochet</b>	Wakefield	Mon Wed	11:30 AM-12:30 PM			Ongoing	A workshop by TUSD moms. Make hats, scarves, blankets, or whatever you choose, and make connections with other TUSD parents.
<b>English for Adults: Registration for Session 1, Evenings*</b>	Palo Verde	Mon	5:45 PM-7:15 PM	8/14/2017		1	Register for English class and meet the teacher. *Evening classes at Catalina and Palo Verde are for beginning and intermediate levels only. **Morning classes at Catalina and Wakefield are for all levels.
	Catalina	Thur	5:45 PM-7:15 PM	8/17/2017		1	
<b>English for Adults: Registration for Session 1, Mornings**</b>	Catalina	Mon	8:45 AM-10:00 AM	8/14/2017		1	
<b>English for Adults: Registration for Session 2, Evenings*</b>	Palo Verde	Mon	5:45 PM-7:15 PM	10/2/2017		1	Register for English class and meet the teacher. *Evening classes at Catalina and Palo Verde are for beginning and intermediate levels only. **Morning classes at Catalina and Wakefield are for all levels.
	Catalina	Thur	5:45 PM-7:15 PM	10/19/2017		1	
<b>English for Adults: Registration for Session 2, Mornings**</b>	Catalina	Mon	8:45 AM-10:00 AM	10/23/2017		1	

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<b>English for Adults: Session 1, Evenings*</b>	Palo Verde	Mon	5:45 PM-7:15 PM	8/21/2017	9/25/2017	5	Learn English as a second language. *Evening classes at Catalina and Palo Verde are for beginning and intermediate levels only. **Morning classes at Catalina and Wakefield are for all levels.
	Catalina	Thur	5:45 PM-7:15 PM	8/24/2017	9/28/2017	6	
<b>English for Adults: Session 1, Mornings **</b>	Catalina	Mon Fri	8:45 AM-10:00 AM	8/18/2017	9/29/2017	12	
<b>English for Adults: Session 2, Evenings*</b>	Palo Verde	Mon	5:45 PM-7:15 PM	10/16/2017	12/11/2017	12	Learn English as a second language. *Evening classes at Catalina and Palo Verde are for beginning and intermediate levels only. **Morning classes at Catalina and Wakefield are for all levels.
	Catalina	Thur	5:45 PM-7:15 PM	10/26/2017	12/14/2017	6	
<b>English for Adults: Session 2, Mornings **</b>	Catalina	Mon Fri	8:45 AM-10:00 AM	10/27/2017	12/11/2017	9	
<b>Exercise and Fitness</b>	Catalina	Fri	10:00 AM-11:00 AM	8/11/2017	8/17/2017	2	Come work out with us!
<b>Family Game Night</b>	Catalina	Thur	6:00 PM-7:00 PM	7/27/2017		1	Come to Catalina and Southwest Family Resource Centers for fun family nights in July. We'll have movie, game, and literacy nights. All events are free for the whole family.
<b>Family Movie Night</b>	Southwest	Wed	4:00 PM-7:30 PM	7/26/2017		1	
<b>Girl Scouts</b>	Palo Verde	Tues Thur	3:00 PM-4:00 PM	9/12/2017	9/28/2017	4	Members from the local Girl Scouts will host interactive classes including art and their special STEM science program.
<b>Healthy Living</b>	Wakefield	Mon	10:00 AM-12:30 PM	8/7/2017	9/18/2017	6*	This 6-week workshop helps adults and caregivers gain the skills needed to manage ongoing health conditions such as diabetes, hypertension, heart disease, or arthritis, and learn to make healthy lifestyle changes. Through group interaction, goal setting, and action planning, participants learn how to take control of their own health. This workshop presented in Spanish. *No class on September 4.
<b>I Am You 360</b>	Palo Verde	Mon Wed	3:30 PM-5:00 PM 2:30 PM-4:30 PM			Ongoing	Hygiene bag dispensary. Go to <a href="http://www.iamyou360.org">www.iamyou360.org</a> for information and qualifications.
<b>Kith and Kin</b>	Wakefield	Tues	9:00 AM-11:00 AM*	8/29/2017	12/5/2017	14	A 14 week, informal gathering of folks who care for children in their homes. Receive training, support, and equipment at no cost! This workshop presented in Spanish. *Times are subject to change. Teacher will inform class participants of changes. <i>This session is full. Please call to register for spring session.</i>
<b>Living Well...Eating Well</b>	Southwest	Thurs	11:00 AM-12:00 PM	8/10/2017	9/14/2017	6	Six nutritional adventure lessons on living well and eating well.

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<b>Meta-Salud</b>	Wakefield	Thur	9:30 AM-12:00 PM	6/7/2017	8/3/2017	8	Presented by the Mexican Consulate in Tucson: This series is presented in Spanish and explores healthy eating, physical activity, healthy weight, heart care, controlling blood sugar and cholesterol, and a healthy community.
<b>Natural Oils and Aromatherapy</b>	Wakefield	Wed	10:00 AM-12:00 PM	8/30/2017		1	Learn to make natural oils for aromatherapy..
<b>Open House</b>	Catalina	Thur	5:30 PM-7:00 PM	8/10/2017		1	Come in register for our workshops and classes, tour the center, and meet the staff.
<b>Parent Aid Presents: Active Parenting</b>	Palo Verde	Mon	12:00 PM-2:00 PM	8/14/2017	9/18/2017	6	This six-week series of workshops discusses topics including the purpose of parenting, self-esteem, understanding & redirecting misbehavior, responsibility & discipline, winning cooperation, and family activities.
<b>Pima Community College Application &amp; Admission Informational Session</b>	Wakefield	Wed	10:00 AM-11:30 AM	8/16/2017		1	Do you want to learn about college tuition and how to fill out admission application? PCC staff will be on hand to help you.
<b>Rights and Responsibilities of Citizenship, Session 1</b>	Wakefield	Tues	5:30 PM-7:30 PM	7/18/2017	9/19/2017	10	
<b>Rights and Responsibilities of Citizenship, Session 2</b>	Wakefield	Tues	5:30 PM-7:30 PM	10/3/2017	12/12/2017	10	Presented by Pima Count Adult Education PCC has teamed up with Wakefield Family Resource Center to provide educational support for individuals seeking United States citizenship, offering classes in civic engagement, history and government.
<b>Rights and Responsibilities of Citizenship, Session 3</b>	Wakefield	Tues	5:30 PM-7:30 PM	1/16/2018	3/13/2018	10	
<b>Rights and Responsibilities of Citizenship, Session 4</b>	Wakefield	Tues	5:30 PM-7:30 PM	4/3/2018	6/12/2018	10	
<b>Spanish for Toddlers</b>	Catalina	Fri	10:30 AM-11:30 AM	7/28/2017		1	Little Cardboard Rocket Presents: Los Colores! Dancing and participating in imaginary play all while learning Spanish! A fun way to introduce you and your child to the language. No Spanish background needed!

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<b>Strengthening Families Program</b>	Wakefield	Tues	5:30 PM-7:30 PM	8/15/2017	9/26/2017	7	Bring the whole family, build family communication, learn how to support and appreciate each other, set goals and dream big! Free Dinner, prizes and activities.
	Southwest	Wed	5:30 PM-8:00 PM	8/9/2017	9/20/2017	7	
<b>Taking Charge of Your Finances</b>	Wakefield	Fri	10:00AM-12:00PM*	8/11/2017	9/29/2017	6	It is never too late to put your finances in order. Learn important strategies to put you on the path to financial peace. This workshop presented in Spanish. *Class begins at 11:00 AM on 8/25 and 9/15.
<b>Tucson Electric Power</b>	Palo Verde	Mon	5:00 PM-6:30 PM	8/14/2017		1	Home Energizer Workshop geared for adults to talk about tips and important energy saving tips for your home.
<b>ZUMBA!</b>	Wakefield	Mon Wed Thur Fri	9:00 AM-10:00 AM	8/1/2017	8/31/2017	Ongoing*	Dance your way to fitness!  *No class on the following Fridays, 8/25, 9/15, 10/20, 11/17, 12/15, due to late opening.*
		Tues	5:30 PM-6:30 PM	8/1/2017	8/31/2017	Ongoing	